

ABSTRAK

GAMBARAN *SELF-REGULATED LEARNING* PADA MAHASISWA JURUSAN KEPERAWATAN UNIVERSITAS JENDERAL SOEDIRMAN

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Latar Belakang: Belajar merupakan komponen utama dalam proses pendidikan. *Self-Regulated Learning* merupakan strategi yang diterapkan individu dalam aktivitas belajarnya. Pengaturan diri dalam belajar membuat para siswa memiliki kontrol dan mendorongnya untuk memperhatikan metode belajarnya. Penelitian ini bertujuan mengetahui gambaran *Self-Regulated Learning*.

Metode: Penelitian kuantitatif dengan metode deskriptif. Jumlah sampel sebanyak 182 responden dengan teknik *non probability sampling* menggunakan teknik *consecutive sampling*. Data diambil dengan kuesioner dan menggunakan analisis univariat.

Hasil Penelitian: Mayoritas responden berusia remaja akhir memiliki gambaran *Self-Regulated Learning* dengan kategori sedang. Dari hasil penelitian mayoritas responden dengan jenis kelamin perempuan memiliki gambaran *Self-Regulated Learning* sedang. Berdasarkan angkatan mayoritas responden memiliki gambaran *Self-Regulated Learning* sedang, dan responden yang tinggal bersama orangtua memiliki gambaran *Self-Regulated Learning* sedang.

Kesimpulan: Sebagian besar responden memiliki gambaran *Self-Regulated Learning* pada kategori sedang.

Kata Kunci: *self-regulated learning*, mahasiswa, keperawatan.

ABSTRACT

DESCRIPTION OF SELF-REGULATED LEARNING AMONG STUDENTS OF NURSING DEPARTMENT OF JENDERAL SOEDIRMAN UNIVERSITY

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Background: Learning is a major component in the educational process. Self-regulated learning is a strategy that applied by individuals in their learning activities. Self regulation in learning makes students feel under control and encourages them to concentrate to their learning method. This research aims to find out the description of students' self-regulated learning.

Method: This study was a quantitative research with descriptive method. The number of samples was 182 respondents with non probability sampling technique used consecutive sampling. The data was taken with questionnaire and univariate analysis.

Research Result: The majority of respondents late teens had a medium category of self-regulated learning. The majority of female students have a medium self-regulated learning. Based on the grade level, the majority of respondents have a medium self-regulated learning and respondents who lived with their parents have a medium self-regulated learning.

Conclusion: Most respondents have a self-regulated learning with medium category.

Keywords: *self-regulated learning*, student, nursing.